## YELLOW SPRINGS SENIOR CENTER AND COMMUNITY VOLUNTEER OPPORTUNITIES



# Want to Volunteer?

## Yellow Springs Senior Center and Community Volunteer Resource Manual



#### Yellow Springs Senior Center (YSSC):

The mission of the Yellow Springs Senior Center (YSSC) is "to enhance the dignity and quality of life of the seniors in Yellow Springs and Miami Township and to foster interaction among them with the total community." The YS Senior Center has been a mainstay of the community since 1959.

The YSSC is very happy that you have expressed an interest in becoming involved in the Yellow Springs Senior community and we enthusiastically welcome you. There are many opportunities and ways to become involved in the Senior Center, the local Nonprofits and in the community at large. "It takes a village" to get through our lives and we thank you for your participation in the Village of Yellow Springs.

#### What the YSSC Provides:

The YSSC provides assistance to seniors in the following areas:

- Activities and Events
- Support Services:: Transportation, Homemakers, Social Services, Family and Caregiver Support, Referrals and Medical Equipment.
- Information Resources: Medicare/Insurance Counseling, Newsletters, website, Email Blasts, Activities Calendar and One-Call Telephone Messages.

#### **Yellow Springs Non-Profit Volunteer Opportunities**

The Village of Yellow Springs has a great number of Nonprofits. This reflects the importance that many of the Yellow Springs residents place upon giving back to the community and to the concept of philanthropy.

Nonprofits often depend on volunteers to help them achieve their missions and their goals. Although this can be a fluid situation there are some ongoing needs the Yellow Springs nonprofits need.

If you are interested in being a volunteer at one of the Yellow Springs nonprofits, please contact them directly. The contact information is listed on the information sheet included in the manual.

Thank you for being willing to volunteer and for being an involved community member. It is people like you who make our community, and the world, a better place.

## **AGRARIA** CENTER FOR REGENERATIVE PRACTICE

## Arthur Morgan Institute for Community Solutions/Agraria Center for Regenerative Practice

#### **Mission statement:**

To cultivate community resilience by modeling regenerative practices that restore ecosystem health, heal our relationship with the land, and grow just and equitable food systems.

#### Website: www.communitysolution.org

#### **Ongoing Volunteer Opportunities:**

- Invasive removal
- Cutting and breakdown of brush
- Gardening and weeding
- Transplanting, harvesting and irrigation
- Other general land care

Location: Agraria, 131 East Dayton-Yellow Springs Rd, Yellow Springs, OH 45387

**Required skills:** Both beginning and experienced gardeners and land workers. Need to be able to do physical labor most of which will be outdoors.

#### Average number of hours per week: Flexible

#### **Contact:**

- Rose Hardesty or Alex Klug
- Email: <u>Volunteer@CommunitySolution.org</u>
- Phone: 937-767-2161



The AntiSch School — The AntiSch School routing saids for a beautiful life. Floridag saids for a beautiful life.

## **The Antioch School**

#### **Mission statement:**

The Antioch School offers child-centered programs for nursery, kindergarten, and traditional grade school ages in mixed-age groups, the Younger Group (approximately 6-9 years old), and the Older Group (approximately 9-12 years old).

The school is run democratically. Students, along with teachers, create the curriculum and make school rules. A Board, comprised of teachers, parents, and a community member, along with the school manager, ensure the financial and physical upkeep of the school.

#### Website: www.antiochschool.org

#### **Ongoing Volunteer Opportunities:**

- One to one tutoring/help
- Gardening, weed removal and other outdoor activities
- Needs vary per season

Location: 1160 Corry St., Yellow Springs, OH 45387

#### **Required skills:**

- Desire to work with young children.
- Ability to do light physical labor.

#### Average number of hours: Flexible/varies

#### Contact:

Nathan Summers, School Manager Email: <u>nathan@antiochschool.org</u> Phone 937-767-7642



#### **Mission Statement:**

To reduce family and relationship violence and its impact in Greene County through prevention, intervention, safe housing and collaborative community programs.

Website: www.violencefreefutures.org

#### **Ongoing Volunteer Opportunities:**

- Administrative support
- Front desk greeter
- Cleaning
- Kitchen support

Location: 380 Bellbrook Ave., Xenia, OH 45385 (secured facility)

#### **Required skills:**

- Empathy
- Good time management

#### Average number of hours per week: 2-3 hours

#### **Contact:**

Harmony Thoma Email: <u>harmony.thoma@violencefreegutures.org</u> Phone: 937-376-8526



## 4 Paws for Ability

#### **Mission Statement:**

4 Paws for Ability enriches the lives of people with disabilities by placing life changing service dogs.

#### Website: <u>www.4pawsforability.org</u>

#### **Ongoing volunteer opportunities:**

• Work with puppies and dogs as they train to be service dogs.

### Location:

207 Dayton Ave. Xenia, OH 45385

#### **Required skills:**

- Be able to lift at least 30 pounds
- Be able to bend down
- Be able to handle a dog on leash

#### Average number of hours per week: 1-4 hours

Contact: KaLynn Clark Email: <u>volunteer@4pawsforability.org</u> Phone: 937-374-0385 ext 106



#### **Heartbeat Learning Gardens**

**Mission:** Heartbeat Learning Gardens is dedicated to uplifting the long-term health of our community and ecosystem.

We do this through:

- Maintaining diverse gardens that weave with local ecologies.
- Creating learning spaces on how to grow food and medicine from our habitat and how to generate personal and community health from it.
- Nurturing partnerships with long-term vision for a strong local food network that serves all, while tending to the immediate impacts of food apartheid in our area.

#### Website: www.heartbeatgardens.com

#### Ongoing Volunteer Opportunities: April - October

- Planting
- Weeding
- Harvesting
- Mulching

Location: 3372 Hustead Rd., Springfield, OH 45502

#### Average number of hours per week: flexible but about 5-10 hours

**Contact:** Andrew Manieri Email: <u>heartbeatgardens@gmail.com</u> Phone: 937-408-1642



**Mission statement:** We steward and strengthen Glen Helen for present and future generations, safeguard the ecological, historical, and geological resources within its bounds, and utilize the preserve to offer life-shaping environmental learning to our students and visitors.

#### Website: www.glenhelen.org

#### **Ongoing volunteer opportunities:**

Front desk greeter, Nature Shop, trail ambassadors, Trailside Museum docents, special events, animal care, litter cleanup, trail maintenance, office, mailings, photographer

**Locations:** Vernet Center, Trailside Museum, in the Glen *Please note: some positions dependent one re-opening facility schedule.* 

Required skills: Dependent on position e.g. animal handling, plant care,

Average number of hours per week: Varies

#### Other helpful information (physical requirements, necessary training):

Positions maybe inside or outside, some assignments require walking in the Glen on trails, sitting positions also available. Specific training is provided for different positions.

#### Contact

Laurie L. Freeman, Outreach Manager Glen Helen Association p: 937-769-1902 ext. 1103 a: 405 Corry Street, Yellow Springs, Ohio 45387 w:www.glenhelen.org | e:lfreeman@glenhelenassociation.org



## Yellow Springs Home, Inc.

#### **Mission statement:**

To strengthen community and diversity in Yellow Springs and Miami Township by providing permanently affordable and sustainable housing through our community Land Trust (CLT).

Website: www.yshome.org

#### **Volunteer Opportunities:**

Various opportunities in the office and on-site. Please contact Alexandra Scott about possible volunteer opportunities.

Location: 202 S. Winter St., Yellow Springs, OH 45387

**Required skills:** Varies depending on what the job is.

Average number of hours: Varies but on average 5-10 hours/week.

**Contact:** Alexandra Scott, Outreach and Fundraising Manager Email: <u>info@yshome.org</u> Phone: 937-767-2790



## National Alliance on Mental Illness for Clark, Greene and Madison Counties (NAMI)

**Mission statement:** To improve the quality of life, to ensure respect and dignity for persons in Clark, Greene and Madison counties living with mental illness and to support their families.

#### Website: www.namicgm.org

#### **Ongoing volunteer opportunity:**

• Making Stress Balls.

#### Location: At home

**Required skills:** Some finger dexterity to draw with a sharpie and to tie on yarn. Probably not for those with arthritis in their fingers. We would supply templates for face drawing.

Average number of hours per week: As needed/Would deliver filled balloons.

#### Contact:

Kathryn Hitchcock Email: <u>Kathryn@namicgm.org</u> Phone: 937-408-3678



#### **The Riding Centre**

**About:** The Riding Centre occupies 60 acres of land that is part of the 1,000-acre Glen Helen Nature Preserve owned by the Glen Helen Association. Through the generosity of the Yellow Springs community, and countless volunteers, the Riding Centre has been able to offer lessons, therapeutic riding and day camps to the Miami Valley at affordable cost for over 40 years. Facilities include two barns, rolling pastures, a large outdoor ring, a lighted indoor ring, a crosscountry hunt course, several wooded trails and stables.

#### Website: www@ridingcentre.org

#### **Ongoing volunteer opportunities:**

- General barn work in the early morning, including cleaning horse stalls and paddocks, filling water buckets, and stacking hay bales.
- Helping with therapeutic riding lessons in Spring and Fall, including leading horses or side-walking.

#### Location:

1117 East Hyde Rd. Yellow Springs, OH 45387

#### **Required skills:**

- Be able to follow directions.
- For general barn work should be available in the early morning and be able to do moderate physical activity.
- For therapeutic lessons should be comfortable leading a horse and able to walk for at least 20 minutes.

#### Average hours per week: 1-2 hours

**Contact:** Carolyn Bailey Email: <u>ridingcentre@gmail.com</u> Phone: 937-767-9087 Storychain

**About:** Story Chain makes connections between the reader and the listener through community outreach, literacy interventions and audio technology. Using the knowledge of social and restorative justice and family literacy, trained volunteers produce audio files from incarcerated parents and parents of children with disabilities of families of seniors living in assisted care facilities. The recordings are then edited and downloader on an MP3 player for the clients (listener) to receive.

#### **Ongoing Volunteer Opportunities:**

- Phone bank (read aloud conference calls)
- Jail visitation for reading and listening
- Audio editing (can be taught by the WYSO staff)
- Promotions
- Recruiting

Average number of hours per week: 10

Website: www.story-chain.org

Location: PO Box 213 Yellow Springs, OH 45387

**Contact:** Jonathan Platt, Executive Director Email: jplatt.storychain@gmail.com Phone: 937-510-4600



## **Tecumseh Land Trust**

#### **Mission statement:**

To preserve agricultural land, natural areas, water resources, and historic sites, in voluntary cooperation with landowners, and to educate the public about permanent land preservation.

#### Website: www.tecumsehlandtrust.org

#### **Ongoing Volunteer Opportunities:**

- Office work
- Invasive removal
- Gardening
- Database management
- Research projects

Location: 4633 US 68 North, Yellow Springs, OH 45387

**Required skills:** Must have the ability to be physically active if doing outdoor work. Skills vary for office work.

Average number of hours: Flexible/varies

**Contact:** Michele Burns, Executive Director Email: <u>michele@tecumsehlandtrust.org</u> Phone 937-767-9490



## 4 Paws for Ability

#### **Mission Statement:**

4 Paws for Ability enriches the lives of people with disabilities by placing life changing service dogs.

#### Website: <u>www.4pawsforability.org</u>

#### **Ongoing volunteer opportunities:**

• Work with puppies and dogs as they train to be service dogs.

#### Location:

207 Dayton Ave. Xenia, OH 45385

#### **Required skills:**

- Be able to lift at least 30 pounds
- Be able to bend down
- Be able to handle a dog on leash

#### Average number of hours per week: 1-4 hours

#### Contact: KaLynn Clark Email: volunteer@4pawsforability.org Phone: 937-374-0385 ext 106



## **Village Impact Project**

#### **Mission Statement:**

The Village Impact Project (VIP) helps facilitate mentorship between adults and youth of Yellow Springs. Our goal is for all children in the community who want or need a mentor to have one who shares their interests and for the people in the program to become an integral part of the community through activities, fundraisers, and community service opportunities.

#### Website: https://nccjgreaterdayton.org/vip/

#### **Ongoing Volunteer Opportunities:**

• Mentors

#### Location:

• 118 W First St Suite 630, Dayton, OH 45402

#### **Requirements:**

- Must be 21 years old
- Desire to work with youth
- Good communication skills
- Reliable and consistent
- Valid driver's license and car
- Spend 4-6 hours per month together
- Minimum of one year commitment

Contact: NCCJ of Greater Dayton youth@nccjgreaterdayton.org 937-222-6225



#### About:

The Yellow Springs Community Children's Center (YSCCC) has a long history of educating children in Yellow Springs. Opening as The Community Nursery School in 1926 it was one of the first two in Ohio and was eighteenth in the country. YSCCC Incorporated in 1946 and has continued the tradition of serving families of our diverse community and neighboring counties.

#### **Ongoing Volunteer Opportunities:**

- Yard cleanup
- Cleaning of toys and books
- Reading to children (either by zoom or face to face)
- Helping to organize items in the building
- Office work

#### Other information:

- There may be a mask requirement (the YSCCC can provide them).
- There may be some physical labor.

Average number of hours per week: It would vary.

Website: <u>www.ysccc.org</u>

Location: 320 Corry St Yellow Springs, OH 45387

**Contact:** Dana Zackey, Director Email: <u>yschildrenscenterdirector@gmail.com</u> Phone: 937-767-7236



## **Yellow Springs High School**

#### **Mission statement:**

The mission of The Yellow Springs Schools is to create a challenging educational environment where each student contributes to the intellectual and cultural richness of the community and is provided the skills and knowledge to become a socially responsible self-directed, life-long learner.

Yellow Springs High School provides dynamic educational experiences, skill, passion, and knowledge needed for students to reach their fullest potential as individuals and as responsible members of the world community.

#### Website: <u>www.ysschools.org</u>

#### **Ongoing Volunteer Opportunities:**

• Math tutors

Location: 420 East Enon Rd. Yellow Springs, OH 45387

#### **Required skills:**

- Knowledge of Algebra 1, Geometry, or Algebra 11
- Ability and desire to work with high school age students

Average number of hours: Anywhere from 1-8 hours per week.

#### Contact:

Shannon Morano Email: smorano@ysschools.org Phone 937-767-7224 ext. 3015



#### Yellow Springs Senior Center (YSSC) Mission:

To enhance the dignity and quality of life of the seniors in Yellow Springs and Miami Township and to foster interaction among them with the total community.

#### Website: www.ysseniors.org

#### What the YSSC Provides:

The YSSC provides assistance to seniors in the following areas:

- Activities and Events
- Support Services: Transportation, Homemakers, Social Services, Family and Caregiver Support, Referrals and Medical Equipment.
- Information Resources: Medicare/Insurance Counseling, Newsletters, website, Email Blasts, Activities Calendar and One-Call Telephone Messages.

#### **Ongoing Volunteer Opportunities:**

- Drivers
- Front Desk
- Assist with Special Events
- Committees

Location: YSSC, 227 Xenia Avenue, Yellow Springs, OH 45387

#### **Required Skills:**

- Driver's license if being a driver
- Ability to answer phones
- Interest in engaging with the community
- Other skills per volunteer activity. Contact Corrine Pelzl for further information.

#### Average number of hours per week: Flexible

#### Contact:

Corrine Pelzl, Volunteer Coordinator Email: <u>cpelzl@ysseniors.org</u> Phone: 937-767-5751



**Mission statement:** To provide leadership and advice, as well as planting and maintenance of new trees and shrubs in public and semi-public areas of Yellow Springs.

Website: @ystreecommittee on Facebook

#### **Ongoing Volunteer Opportunities:**

- Watering, pruning, and mulching recently planted trees from Memorial Day through Labor Day. (Volunteers work in pairs.)
- Mulching The Bike Path, Ellis Park, AX Park Food Forest May, all summer and fall, and announced dates.
- Pruning all year round
- Joining a committee: newsletter, park inspections and clean-up, advertising help.
- Truck maintenance

**Required skills:** Driver's license if driving the truck.

**Average number of hours per week**: Watering – once a week. The rest is by the task but never more than two hours.

**Other helpful information:** The work is not strenuous but does require some lifting at times. Volunteers will learn to do tree maintenance, to identify trees, to assess disease and other tree maladies, will be outdoors, meet other tree lovers, and come to appreciate the importance of the urban forest in Yellow Springs.

Contact: Mike Blevins 513-236-8364 mblevins24@gmail.com

## Yellow Springs Women's Park Women's History Project of Greene County

#### **Mission statement:**

To honor the women of Greene County, to maintain and improve the Yellow Springs Women's Park, to educate the public about the importance of native plants, and to provide pollinator habitat for native species.

Website: N/A (See brochures in park)

**Ongoing Volunteer Opportunities** (Tuesday mornings, 8-11 a.m. from April-October)

- Weeding (you will learn as you work)
- Planting
- Dead heading
- Trimming
- Collaboration on long-term plans

Location: The volunteer work is at the Women's Park on Corry Street.

Required skills: Ability to weed. Tools are supplied.

Average number of hours per week: Generally, 1-3 hours

#### Other helpful information:

- There is no need-to-know weeds and plants. Volunteers will be trained as they work.
- Tools and t-shirts are provided for returning volunteers.
- Volunteers will get a weekly email with lists of the tasks for the day.
- Volunteers will enjoy getting to know like-minded gardeners.
- Working at the Women's Park is casual, at your own pace and a friendly environment.

**Contact:** Macy Reynolds Phone: 937-767-2981 Email: <u>R2m2@yellowsprings.com</u>